



Dear Patient,

In order for the ultrasound examination to be performed successfully, please follow the instructions below:

1. Do NOT drink caffeine 24 hrs before the ultrasound examination (no coffee, no tea, etc).
2. Do NOT wear compression socks/stockings on the day of your ultrasound examination.
3. Please walk around upon arrival to the office before the ultrasound scan. No sitting down.
4. If you feel cold please walk around outside to keep your legs warm.
5. Please drink plenty of water for at least 24 hrs before the exam and when you arrive for the ultrasound appointment.

Following these simple instructions will allow your veins not to spasm/constrict for the examination, yielding the best possible results.

Sincerely,

Luke Maj, MD, MHA

The Vein Center at Water's Edge Dermatology

If you have any further questions or concerns, please contact us at one of our Vein Center locations:

Delray 561.921-2221 | Jupiter 561.222.2200 | Lake Worth 561.578.8100 | Lighthouse Point 954.960.8880
Okeechobee 863.467.6767 | Wellington 561.296.9666 | West Palm Beach 561.296.7710