



## INTENSE PULSE LIGHT (IPL) HAIR REMOVAL

### Pre Procedure Instructions:

It is crucial to the health of your skin and the success of your hair removal that these guidelines be followed.

### Patients should NOT be treated with the following:

- Active cold sores or warts
- Open wounds or lesions
- Sunburn
- Excessively sensitive skin
- Dermatitis, Psoriasis or Eczema
- Untreated skin cancer in treatment site
- Recent surgery in treatment site
- Permanent makeup in treatment site
- Rashes, allergies or sensitive skin reactions
- Accutane use in the past 12 months
- Radiation or chemotherapy in the past 12 months
- Pregnant or breastfeeding
- Diabetes (can treat w/ note from doctor)

### 2 weeks before your treatment avoid:

- Electrolysis, waxing, depilatory creams
- Laser or IPL treatments
- Chemical peel or microdermabrasion treatments
- Retin-A, Renova, Differin, Tazorac
- Products containing, Retinol, AHA, BHA or Benzoyl Peroxide
- Exfoliating products that may be drying or irritating
- Sun exposure or sunburn
- Sunless tanning

### 24 hours before your treatment:

- Shave the area to be treated

If you have any history of Herpes Simplex, notify the aesthetician BEFORE receiving hair removal treatments.

Please contact your nearest Water's Edge Dermatology office if you have any questions.